

Monthly letter

March & April & May 2016

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- * The Documentary Film " 5 Broken Cameras "
- * School Support graduation party.
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- * Workshop by "MSF " .
- * Activity for the children in Hamdi Manko.
- * Marathon .

* School Support 2016 *

School Support started in beginning of february
This time kists boys & girl of age 8-11 yearsold
were targeted for the program .

For 4 months the kids will get classes in
maths,Arabic , and English in a way that can
develop their education and psychological
level. this ptoject is on for more than 4 years
and ech year more kids want to join &the
feedback is always positive from the families and
. schools



*Assopace Palestina visit *



On March 27th, an Italian group of over 40 people visited HSA .They were travelling with the Italian NGO Assopace Palestina, led by the famous activist Luisa Morgantini . We offered them a tour of the Old City , telling them a bout its history before and during the occupation , and what the occupation means to us . They attendeda dancing show, Where the Dance Boys profomed their hip hop routines and our Dabkeh group showed some beautiful choreographies of this palestinian typical dance. At the end our day together ,We host the group at HSA ,explaning the activities offered by the association to the local community. In the end , They could taste a delicious kunafeh, Nablus typical dessert .

Palestinian Children's Day

HSA took part in the celebration of the Day palestinian. children. The party took place in the city center and our little ones painted their dreams, their emotions, and expressed what it is like to grow up in palestine .



The Documentary Film “ 5 Broken Cameras ”

HSA has organized a special day to view the documentary film co-directed by Palestinian Emad Burnat and Israeli Guy Davidi . 5Broken Cameras is a first-hand account of protests in Bil'in, a West Bank Village affected by the Israeli West Bank barrier .The documentary was shot almost entirely by the Palestinian farmer , Emad Burnat Who bought his first camera in 2005 to record the birth of his youngest son . In 2009 Israeli co-director Guy David joined the project Structured around the destruction of Burnat's cameras ,the filmmakers' collaboration follows one family's evolution over five years of turmoil .



Children Activities

Each Tuesday and Thursday , from 2 pm to 3 and half pm the EVS volunteers . of HSA propose some activities for the children . These activities are diversified , funny and interesting for the children's wellness and deveopment . Children enjoyed the first activities pretty much and are now able to recreate the by themselves .

The “ Children Activities ” are a nice and easy way to express Their sensitivity , to keep thier imagination a wake to share some ideas and to build their teraction between all of us .



“Cultural Days”

HSA organized a dual “Cultural Days” French & Italian workshop. The purpose of the workshop was to learn how to cook some French and Italian meals.

Our French & Italian volunteers prepared very delicious typical meals, helped by our guests and HSA's volunteers, and offered some special and sweet dessert.



Mother's Day

HSA has organized a special day for women on the occasion of Mother's Day, more than 20 women attended this celebration. We implemented some fun group activities for them. Then we offered some dishes and delicious sweets that we ate together.



Wome time and Art craft

After watching the life style in Nablus , The EVS , volunteers of HSA realised that ,most of the tim the activities occurring in public spaces are practiced by men only . They also realised that Nablusian women apprecute a lot non-mixed places, Where they can develop their self-confidence, their affirmation as women, make new friend, be free from male . gaze and fully assumer their personalities Consequently , the EVS volunteers of HSA decided to put in place some activities only for women. Those activities take place each Monday and wednesday from 10 am to 12 pm ,aperfect time for women activities, because a lot of mums are free only in the morning their children are in school .(during that moment of the day So far , women) , have made art activities from many material and learned how to create for exampel, bracelets or necklace .The women were very happy because they told volunteers they didn't make any activities like that befor ,which they can now do by themselves. In tow opportunities they also made yoga . They loved it , so volunteers will put in palce a new spical yoga time for women, where they will be able of having a relaxing time , and think about nothing else but themselves .



TRADITIONAL DANCE

DABKAH GROUP



Human Supporters

* DANCE BOYS * &
BREAK DANCE



★ HSA FOCUS ★



My name is Simon , Im a volunteer at Human Supporters Association im 18 years old I will graduate from the high school soon .

I have been volunteering at Human Supporters Association since i was 11 years old, i participated in children actives like drawing . theater and cluds continuously . When i reached 15 years old ,and

two of my friends discovered our talent which is dancing .So we established dance team contains from 3 members. Also we have a lot of talents but we were in a need of someone to help us omproving these talent. Human Supporters Association was or haven which welcomed and encouraged us We were and are stil training in one of Association's room which is equipped with everything we need then the association helped us to joint dance shows. My wish is to full of feelings. Iwant to thank Human Supportes Association for its help and support to improve our talents It gave us the opportunity to join different shows in front of local people and foreign deledations .



* Unadikum visit *

Human Supporters had had the pleasure of hosting ambassadors from Unadikum, a spanish association established in 2010 .

Unadikum operates in defens of the plaestinain people of Gaza and West Bank. On the first day of their visit , our association got to know one another , shared our histories and the mission behind our daily activities . We had the pleasure to show our Spanish friends the secrets of the Old Town of Nablus ,We also explained how Nablus suffered greatly during the scond Intifada , Which led to the birth of HSA . At the end of the tour , our Spanish friends had the chance to taste the typical Kanafeh of Nablus , followed by a tasty falafl .

The afternoon on the second day, Undikum ambassors met the children of HSA . The Kids had a lot of fun playing cooperative games , Where nobody loses and everyone is a winner ! They also let their creativity loose bymaking bracelets and paper planes . On the last day of their visit ,Unadikum shared the principles of their educational system with us , Showing us how to organize cooperative games and entertaining educational activities .



*Arabic language lessons for EVS volunteers *

HSA is offering Arabic lessons .

These on going courses are held by HSA arabs volunteers .



* School Support graduation Party *

It was the end of the School Support Project for the second semester a small graduation party was done for kids and their family, as a reward for their commitment and the noted improvement in their educational level .

by the end of this part the kids had a certificate and a little gift .



Henna Time by women



A dozen of women met at the association in order to prepare Henna and to try to express thier creativity on the skin of others .It was nice convivial time around a tea .



* Marathon *



Human Supporters Association participated in the Marathon organized in nablus by diffrient organization and school, it was great and special one becoause it target the children and thier families as well .



Workshop by * MSF*

HSA has organized in collaboration with MSF a workshop. This workshop was about the skills person need to deal with angry people and anger managment techniques by psychologists . This workshop will be held one day a week with a different topic .



Activity for the children in Hamdi Manko Center

Some of volunteers and children of HSA had participated in activity for the children that organized in Hamdi Manko Center in Nablus .



Human Supporters Association

HSA would like to thank all our partners and all the other Organizations who cooperated with us for all different kind of cooperation.

Avec Naplouse

