



Human Supporters Association Monthly Newsletter

November\2014

HULA HOOP PROJECT



HSA welcomed two girls from Slovaquia who decided to come 2 months in Palestine with their project "[Hooprelief](#)"! This project aims at bringing joy and happiness to children who are affected by stress and trauma through Hula Hoop!

**They stayed 2 weeks in Nablus proposing hula hoop workshops to the children.
Volunteers of HSA and families of the children discovered the results of these
workshops during a nice show the 29th of November. Nice job girls!**

EVS in France and Palestine



HSA started the preparations for the travelling of the two volunteers Ameed Irshaid and Dyala Abo Zaroor , to go for EVS for a year in Nantes in France with our partners Cemea.

During this year Ameed and Dyala will get the chance to learn cultural , administrative things , beside the language , they will also have the chance to develop their skills and to share their experience and to raise the awareness about the conflict in Palestine.

It is worth to mention that HSA is hosting EVS volunteers all the time . for now there are 2 French volunteers , doing administrative work and activities , also they got the chance to learn the language and learn about the culture in Palestine.

Three members of HSA in France for 15 days!



Maïs, Rula and Ahmad, three members of HSA went for 15 days to Saint-Nazaire in France for a youth exchange . The OMJ (Youth Municipal Organisation), partner of HSA, received Maïs, Rula and Ahmad to make them discover a youth organisation in France.

They also had the chance to discover Nantes, a city close to Saint-Nazaire and Paris.

And met a lot of people during their stay in France and exchanged the the situation in Palestine.

HSA on focus

Mostafa Kosa



Mostaf 16 years old from Nablus , one of the active volunteers in HSA , and a member in Dabkeh team. His hobbies are football , sport in general , theatre ,and photography.

Mostafa lives in the old city of Nablus , and he started volunteering in the association about 2 years ago , then he joined the dabkeh team.

Mostafa talking about his experience in HSA: "I always feels like home when I am in the association , I am surrounded by friends and people I consider them a family , I can share a lot with them."

"also being in the association developed my skills and improved my confidence , and still helping me to have more ambitions and dreams for a better future."

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