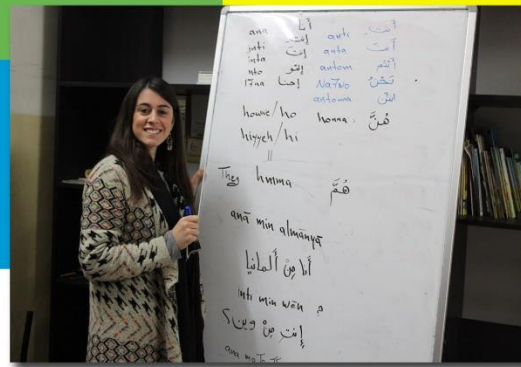


Newsletter



February 2020

- * EU Aid Italian volunteer “Alice”.
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- * School Support 2020.
- * Women Club.
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- * Workshop for children :
“How can I be distinctive”.
- * Slovak day in H.S.A.
- * Dabkeh training.
- * Arabic Language.



EU Aid Volunteers

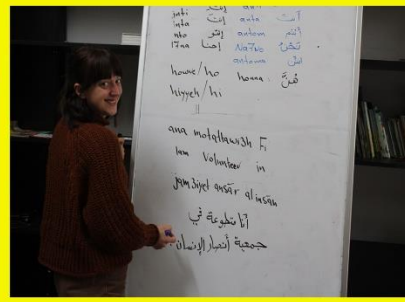
We Care, We Act



Marhaba! I am Alice from Italy, here since January as a EU Aid Volunteer to support the communication of the association and to improve the website and the social media. In addition to these tasks, I am providing English lessons twice a week. Working with children of different ages and empowering them through recreational activities is interesting and important. I deeply believe that every child has the right to receive educational opportunities and useful tools in order to build and shape his future in Palestine. Despite the cold and windy winter and the challenging living conditions, Nablus has become my home. Here I found my favorite sweet, Kunafa, a beautiful view from Sama garden, ancient streets in the old city, new friends and welcoming people. Since my arrival, I also tried to travel as much as possible to explore the surroundings of the city, to experience the reality on the ground and the beauty of this amazing land.



Sustainable Development through
Humanitarian Aid Volunteering



EU Aid Volunteers

We Care, We Act

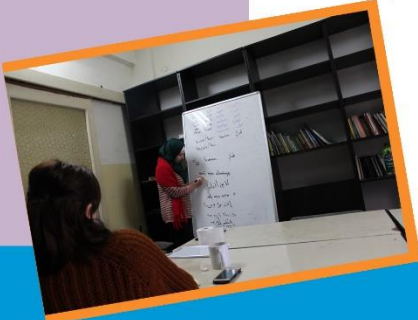


My name is Verena and I am from Germany. I am a Project Manager specialized in Strategic Planning and Project Development in the fields of Child Protection Plus Mental Health and Psychosocial Support.

I am working with Human Supporters Association now for around 2 months through the EU Aid Volunteers initiative of the European Commission. My experience so far with HSA has been great and fruitful. I am enjoying being a part of the team and contributing with my previous experiences in humanitarian aid to HSA's endeavors. I immediately felt very welcomed at HSA and ever since the team made my stay here more than comfortable.

I am working with HSA as Project Manager in charge of strategic planning and project development, grant management and fundraising. So far, I am very happy with my tasks and responsibilities here as I have the feeling I can make an impact while working in the office and directly with the children (during implementation of the winter camp).

Personally, I am very grateful to have improved my Arabic with the help of my lovely colleagues and friends I already made in Nablus. I enjoy living here very much and appreciate the life in all its facets here in Nablus. With people being so friendly and welcoming, it was easy for me to feel at home.



SCHOOL Support

2020

In February, HSA started implementing the School support 2020 project. The project targets students aged 7-10 years old with difficulty learning, low achieving and psychological and family problems. The children usually come after school at 2:00 pm for two hours, three days a week: Sunday, Monday and Wednesday.

The teachers teach them Arabic, Math and English in a non-academic way. They started the school support by testing the students' level. Now, they provide lessons through easy educational tools for students, such as: paintings, drawings, shapes and letters, videos and songs. Sometimes, they propose them educational and recreational activities, so that they do not feel bored.



The school support aims to provide them with a safe environment where they can learn and improve their educational level, while having fun and making new friends.

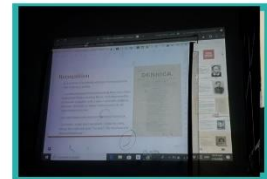


BACK to SCHOOL



In February, HSA continued to hold meetings with women, to discuss different issues. One meeting was proposed by the Slovak volunteer Matej on the topic "The women' role in the Slovak society". Matej prepared" a presentation about emancipated women from the past in his country. Then the participants had a conversation about the inequalities that women are facing nowadays both in Slovakia and here in Palestine .

The club gives women from Nablus the opportunity to take a break from their everyday life, by participating in some meetings held by HSA. It provides them with a safe place to express their opinions and discuss about different topics and problems. Furthermore, the club allows them to spend nice time together, make new friendships and gain new skills.





One of the new activities offered by HSA is "IQ games" for the youth aged 18-30 years old,

which is held once a week at 2:00 pm. The participants meet at the association to play some new IQ games that aim to develop their intelligence.

This initiative is a good opportunity for them to share meaningful time, instead of spending many hours on social media and internet.



Workshop for children

"How can I be distinctive"

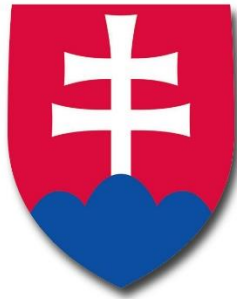


A new workshop, called "How can I be distinctive" by Asalah trainer, was held in HSA this month. It was offered to teenagers aged 14-17 years old for one afternoon.

At first, the participants took part in some ice breaker activities, to get to know each other, in order to feel comfortable while speaking in public

Then they discussed some important topics related to youth and adolescence Furthermore, they went together for a historical tour in the old city to discover famous places.





Cultural Exchange Slovak Day in HSA

Throughout the whole year, HSA offers several different activities to create a bridge between cultures. In February, Matej, a volunteer with HSA for two weeks, organized a Slovak day to present his country of origin Slovakia. He talked about the culture and the local traditions, the daily life and the main attractions in the country, about food and nature, the shape of their houses, the different traditional dresses in many cities. He also prepared a famous Slovak soup, made with eggs and potatoes .



Many volunteers came to join this Slovak day and everyone enjoyed to discover a new culture and the traditional food. The aim of these activities is to share as much as possible about different cultures with the youth of Nablus, thanks to the presence of volunteers from all around Europe .





Dabkeh Dance Training



Dabkeh is a traditional Palestinian dance- since ancient times. Today is inherited by children from their grandparents. The dance lessons aim at preserving the Palestinian heritage and sharing it with future generations. Among the goals, teaching children how to work in group and developing their talent and skills. The children still have training every Thursday at 2 pm with Tala. They are learning new dance steps to create new shows .



“EU Aid Volunteers: Verena & Alice ”

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