



Human Supporters Association

# Yearly Newsletter

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# 2020





**EU Aid Volunteers**

**We Care, We Act**



Human Supporters Association with Partnership with ASPEM from Italy and other international partners started a new project “EU Aid Volunteers Support Humanitarian Action for Resilience and Empowerment” (SHARE)

The Project developed in the continuity of a EUAV Capacity Building project (EVA) and deployment project (SUD HAV 1 and 2).

#EUAV #ASPEm #ADICE #NABLUS #PALESTINE  
#HSA #SHAREPROJECT.



# Welcome

## Verena & Alice

HSA received two EU Aid volunteers (EUAV) at the first of Jan in Nablus, as a part of project "SUD HAV2", for six months in Palestine, in Nablus city, but they left in the Middle of March to their countries, Because of the emergency happened around the world because of covid-19 spread, so we paused the work with them till the situation will be good around the world.

#EUAIDVOLUNTEER #SuDHAV2 #NABLUS #ASPEM #MONDO #PALESTINE.





# LIFE

## “Nutrition Basket” project

Human Supporters Association for the sixth year implemented the project “Nutrition Basket” in cooperation with our French partner “LIFE”, they had donated 850 nutrition basket” for low income families which contains many different type of essential food.



# FESTICLOWN



## Activities of FESTICLOWN

2020

HSA in a partnership with Pallasos en Rebeldia, Kanbahiota, the youth of Rivas Madrid and the Municipality of Rivas Madrid", implemented "entertainment shows" for children aged 6-13 years old, to complement the activities of FESTICLOWN 2020 in November and December , so we held 10 shows in different place such as: schools, kindergarten, HSA center, in the old city, and in addition to some of shows held online in our page in " Instagram " because of the emergency situation in Nablus city, by clowns from HSA and Be-active group, they did a lot of activities for them.





## Board members

# ELECTION 2020 2022

HSA held " Board members " election , this 2022-2020 election should be held last April but, because of Covid-19 and the emergency situation in Nablus we implemented it in June.

During it, the general assembly members elected new board members for HSA.





## School support project 2020



*School Support 2020*



School supports project is of one the important educational project that HSA offer it for children aged 7-10 years old, they come after the school at 2:00 pm in HSA center for three days' a week and teach them "Arabic language, English language, and math".

In this year we targeted 90 students because of the emergency situations in the Nablus city and we took all the preventive health to hold it in a safety way, at the end of Desember we completed by small party.



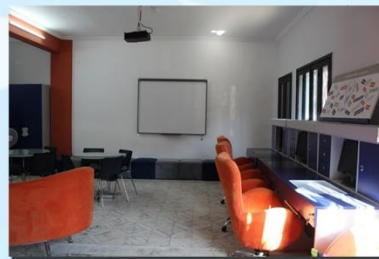




## Scientific technological Lab Project

In Partnership with Al-Nyzak Association, Human supporters Association got a Computer Lab its include: computers and tables and chairs.

According to this new project, we prepared new room in HAS center for it, the use of the lab will be to teach the students of the schools and university new computer programs, develop their computer skills, hold some of "workshop about" how to use the computer and internet" for the children and women as well to use it for scientific and technological aims we hope to use in the best way for the society.

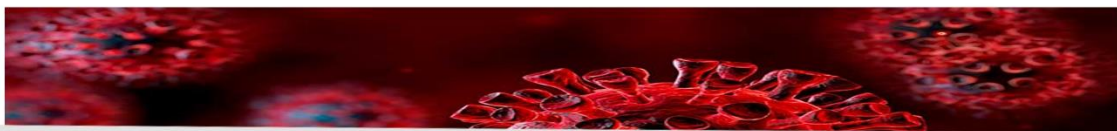




# Workshop for children “Preventive health”



HSA implemented in a cooperation with our Estonian partners “MONDO” within SuD HAV2 project, funded by EU Aid Volunteers program, workshops about “Preventive health” for children aged 7-13 years old, some of topics, were discussed about covid-19 virus and all children got " Bag full of healthy materials”.





## Construction in HSA

Human Supporters Association implemented some of construction inside its center, some of the rooms merged and expanded, such as library room and computer lab.

The aims of this change is: develop its work, achieve its goals, give motivations during the work, hold new programs and activities for children, youth and women.





# Exchange through youth FESTICLOWN online training 2020

FESTICLOWN Palestine, it's Festival started during the year of 2013 in partnership between Human Supporters and *Pallasos en Rebeldia, Kanbahiota, and Rivas Madrid municipality*, and since that time we use to make it every year, this year unfortunately because of Covid-19 around the world we have to postponed it for next year. So this year, we decided with our partners to continue and to go on in a different way, so we held an exchange through youth FESTICLOWN online training.

The aim is to continue exchange experiences and learn new skills between them.



# WINTER CAMP

2020

During the school holiday, HSA held a winter camp for 30 children aged 7-13 years for two weeks, because the holiday is too short, so we target many children some of them have learning difficulties, and psychological problems and excessive movement.

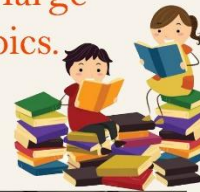




# OF HSA 2020 Library



Human supporters Association developed its library by prepare big and calm room in its center, also developed the system of borrow the books, stories and archiving a large number of books with a lot of topics.





## Civil service program voluntary in France

### “Amro & Islam”

The French-International Civil Service Program, is a voluntary youth program in the service of the public interest and targets the youth aged 16 -30 year, in cooperation HSA in Nablus and CEMEA Pays De La Loire in Nantes, two volunteers from HSA Amro and Islam" joined in this program, to get new experience " with children and adults.







# Italian Delegations



## Our Partner “Assopace palestina” welcome in Palestine

HSA has welcomed two Italian delegations in January, first group was 50 persons with Luisa Morgantini from “Assopace palestina”, and second group of 17 persons.

We introduce them to the association through some short videos, then some topics about the association had been discussed with them, we accompanied them to have a tour in the old city of Nablus in order to show them the historical part of Nablus and have a true story about the real situation.



# "Gift of children" project

HSA coordinated with the Women's Studies Centre in a cooperation with Ministry of Youth and Sports implemented the "Gift of children" project, it targeted 10 orphans in the holy month " Ramadan", they visited them with the clowns and followed the safety measures, then gave them gift included " Sterilization materials and clothes for eid".







## "Hand craft"

### Workshop for children



HSA held workshop " Hand craft" for children aged 7-13 years old, every Tuesday at 2:00 pm, during this workshop the children learned new things about the art in easy way.

The aim is children can express their feelings and learn new skills, also provide a safe place to spend their time and develop their talent.





Dabke is a traditional Palestinian dance since ancient times, and is inherited by children from their grandparents.

Dabke training is one of the activities that Human Supporters Association provides for children aged 10-13 years old, with "trainer Tala".

The dance lessons aim at preserving the Palestinian heritage and sharing it with future generations, teach children how to work in group and developing their talent and skills.







## School bags Project 2020

Human Supporters Association distributed school bags for children aged 7-12 years old before the school start, we targeted the children from low income families, and try to help them especially during this period, because the economic situation is declining because of the emergency and lockdown in Nablus city.



# Arabic Language

EU Aid & EVS Volunteers

Verena  
Alica  
Solen

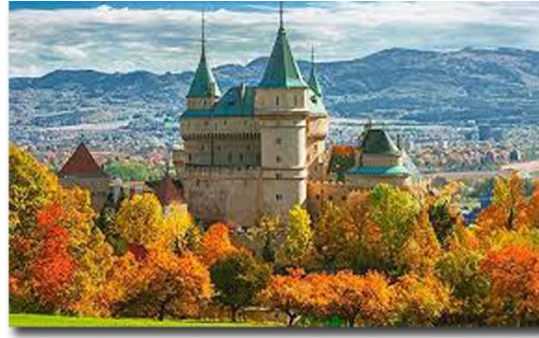
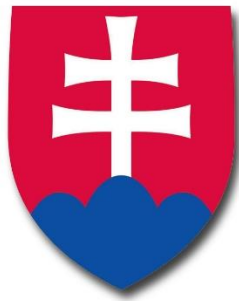


Arabic language is one of the educational programs offered by HSA for EVS and EU Aid volunteers "Arabic language" by Manar teacher".

The aims are to understand the people everywhere, to get what they need in their daily life easily.







# Cultural Exchange

## Slovak Day in HSA

HSA offers several different activities to create a bridge between cultures, in February, HSA organized a Slovak day by a Slovak volunteer "Mate " to present his country of origin, Slovakia

He talked about the culture, the local traditions, the daily life and the main attractions in the country.





## فرقة ترانيم Taranim band

Taranim band of HSA Celebrated the holy month of " Ramadan", they sang special song for it, and they wished a happy Ramadan for the Islamic world and Palestinian people, and wished you all a very happy and peaceful Ramadan and Eid Al-fitr.





# *Workshop for Women*

HSA in a cooperation with women working society held workshop for women's "Psychological protection", they discussed some of topic about how to express their feelings and solve their problems in the positive and healthy ways in the daily life.





## Activities for volunteers in “HSA”



HSA provides some activities for all volunteers, they meet together to practice some educational and recreational activities, such as: music, games group, also they met and ate lunch together.

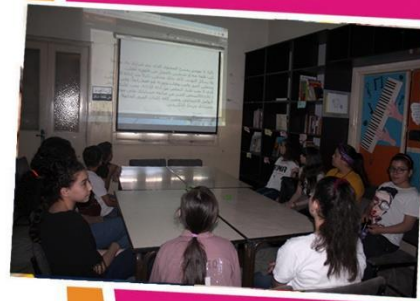
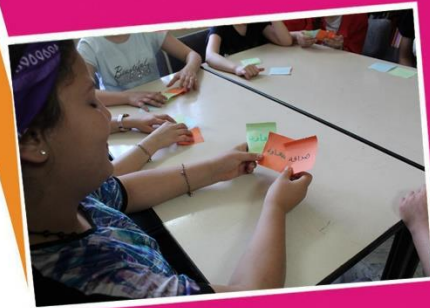




## Workshop for children “ Electronic blackmail ”

HSA held workshop for children aged 14-17years old about "Electronic blackmail" in HSA center, they discussed some of important topics about it.

This workshop aim is awareness of how to confront them, and should be careful during they use the internet.





One of the activities offered by HSA is "IQ games" for the youth aged 16-25 years old, which is held once a week. the aim is to develop their intelligence. This activity is a good opportunity for them to share meaningful time, instead of spending many hours on social media and internet.







## Workshop for youth "Elections"



HSA held a workshop about "**Elections**" in cooperation with the Palestinian Center for Peace and Democracy Issues, for youth 18 years old in its center, several topics were discussed about it.

The aim is awareness the youth about the importance of elections and participating in it.





**Music workshop** is one of the artistic activities that HSA provide it for the children aged **7-10** years old in it center one-day a week after the school at **2:00pm**.

The aim is discovering the talent of the children and develop it teach them how to work as a group, and work on their self-confidence skills.





# Workshop for children

## "How can I be distinctive"



A new workshop, called "How can I be distinctive" by Asalah trainer, was held in HSA this month. It was offered to teenagers aged 13-17 years old during it they discussed some important topics related to youth and adolescence.





# VOLUNTEERS of HSA

## Special thanks for our partners and volunteers

HSA is one of the associations that provide a lot of activities, programs, and projects for the children, youth and women in a different subject.

This year, we had a lot of activities and programs, some of them is canceled because of the emergency situation "covid-19" around the world, and some of activities we were able to implement it while taking all the safety and health measure, by a group of our volunteers.

We are very proud of our volunteers and thank them for their help to implement our activities successfully, special in the difficult days and emergency situation in Nablus city.

Big thank to our partners for their support and donations, and hope to welcome them in Palestine, and wish you a happy new year 2021.





Happy New Year